

The Temple Beth Torah Times

May 2023

Iyar / Sivan 5783

Volume LV No. 49



Our teenagers held another successful food drive with Rock Can Roll in March. Yasher koach to our teenagers for their time and efforts coordinating this event and to those who contributed items for donation.



Off the Bimah

Make Your Omer Count! by Rabbi Jack Dermer



Dear Friends,

As soon as the second Seder begins to wind down, we begin our annual tradition of sefirah, of counting up. Passover and Shavuot are festivals intrinsically linked by the spiritual work of the days we now find ourselves in. With Pesach, we begin asserting our freedom as a people,

striving to grow spiritually through 7 complete weeks until we reach the giving of the Torah at Shavuot later this month. In this way, we remind ourselves with the counting of the Omer each night at our evening Minyan that true freedom is not the ability to do whatever we want, but the freedom to come closer to the realization of the people we are meant to be, and our responsibility as Jews to help heal our broken world.

Interestingly, in Jewish numerology, both the word “Sinai” and “Sulam (ladder)” add up to 130. This equivalence is meant to teach us that we approach Mount Sinai as if by a ladder of spiritual growth. The counting of the Omer is that very foundation by which we climb. Each evening of the Omer is associated with a different spiritual quality we try to take into our lives. When we take moments at the end of our day to count to Omer, and to reflect on the state of our spiritual lives throughout that day, it’s as if we are saying to G-d that we would like to become worthy of the freedom Pesach afforded to us. There’s a reason that when the Torah speaks about the counting of the Omer it speaks not only about the counting, but also about the wheat and barley offerings that were brought to the ancient Temple in Jerusalem. Why wheat and barley? These are items that need to be ground up and processed before they reach their full potential. So too with us. The work of truly counting the Omer, with its attendant self reflection, soul searching, and honesty helps us process who we might become with the giving of the Torah anew at Shavuot.

In the Talmud, a Rabbi was asked what God has been doing since completing the work of creation. One answer proposed: God is sitting in heaven fashioning ladders for us to go up and down through life. If you didn’t live up to your expectations for a day, if

Continued on Page 5

Chag HaBikkurim by Cantor Scott Sokol



As I’m sure you are aware, our Jewish holidays often have multiple names. For example, the holiday of Passover that just passed is known as Pesach, Z’man Cheruteinu (the time of our freedom), Chag haMatzot (the holiday of Matzah) and Chag haAviv (the Holiday of Spring). Similarly, the holi-

day of Shavuot that we are about to celebrate is also known by several names: Z’man Matan Toratenu (the time of the giving of the Torah), Chag ha’Asif (the holiday of the harvest) and Chag haBikkurim (the holiday of first fruits). It is this last one that I want to focus a bit on.

In Bemidbar 28:26, it says:

On the day of the first fruits [b’Yom Habikkurim], your Feast of Weeks [b’Shavuotechem], when you bring an offering of new grain to God, you shall observe a sacred occasion:

What is this day of first fruits, though? It is the time when Jews from all over brought the produce from one’s crops to Jerusalem. According to the Mishnah, there was a tremendous fanfare associated with this Mitzvah of Bikkurim, bringing First Fruits to Jerusalem. Along the way to Jerusalem, elders and other Jews would come out to greet those making pilgrimage with psalms and songs of praise to God. This reminds me of a Bar/Bat Mitzvah, where we greet the child as they walk around the sanctuary, shaking their hand and congratulating them, throwing candy, and singing songs.

Bikkurim, however, was not simply an excuse to throw a great party (which one might likewise remind people is equally true of a Bar/Bat Mitzvah!). Rather, the rabbis have explained that Bikkurim represents a fundamental principle that is essential to what Judaism is all about.

Farmers work hard; indeed farming is among the most difficult professions in the world, involving hard and backbreaking toil. When farming is successful, therefore, it’s very easy to claim success for oneself, to say, “MY strength and the power of MY hand, created this great produce.” Many of us might say the

Continued on Page 6

Press from Our Leaders

Press from the President by Michael Cohen, Co-President



Chag Sameach and *Zissen Pesach* were heard all night long at the second night of Passover seder held in the Temple Beth Torah social hall on Thursday evening, April 6.

Approximately 75 people enjoyed the great food and the company of so many people, as well as a most meaningful seder conducted

by both Rabbi Dermer and Cantor Sokol.

A very special evening began at 7:00 p.m., and ended at 9:30 p.m., with some very happy and stuffed Temple members as well as family and friends. The event drew almost twice as many people as last year.

The catering by Nassau Kosher Meats of East Meadow was both plentiful and delicious. Appetizers of both gefilte fish and matzoh ball soup worked up an appetite for a four choice entree, with brisket, rotisserie chicken, and either roasted or barbeque turkey, together with multiple side dishes, followed by dessert. I heartily recommend that you try this fairly local butcher and premade specialist for your next Shabbat dinner or your catering needs. Supporting this business will benefit both you and them, and is well deserved.

Services, including hiding the Afikomen and the related search, were handled quite deftly by both the Rabbi and Cantor, and included a very fun song for Pesach by Cantor Sokol to the tune of the "Eight days of Christmas," which engaged the crowd. Both the Rabbi and Cantor were under the pressure of having their families, as well as Rabbi Kayley's family, in attendance. One congregant brought a party of 14 people.

Reminder for next year: skip the cooking and bring your guests to the second night seder at Temple Beth Torah. Both you and your guests will enjoy the evening. All family and friends are welcome. It also serves as an oasis for those living alone, who can enjoy a meaningful evening.

Nothing exhibits the hamish nature of our Temple better than enjoying second night seder together with friends and family. Next year we will try to best this year's record attendance, and break the 100 person barrier. Here's hoping you will be among them!

Chag Sameach and Zissen Pesach!

Religious School Update by Adele Lalo, Educator

Following a shorter month, our Vav class has had a fuller, productive month at Temple Beth Torah, and we have managed to work, learn and accomplish much at a good pace, which is always appreciated! Our Vav students are strengthening their Hebrew reading with each in class practice, and are completing their reading homework on time. We are also utilizing our Monday tutorials to further hone their skills, and I am glad the students are taking advantage of this extra one-on-one time. Since our last update, we have also moved on to another prayer goal, Alenu, and all students received credit for mastering the reading of this important daily prayer. We look forward to working on one or two more prayer goals before the year's end.

We have also continued our journey of learning about the weekly Torah portions, and this past month we have reviewed Tetzaveh, Ki Tisa, Vayakhel-Pekudei, Vayikra and Tzav. In Tetzaveh, we learned about the special olive oil that was collected from the Israelites to feed the eternal flame of the menorah, which Aaron would light each day from evening till morning. We also learned about the special garments to be worn by Aaron, the high priest, as well as the seven day initiation of Aaron and his four sons into the priesthood. A takeaway message is that we need to think carefully about how we dress and present ourselves to the world, and that this can impact not only how others view us, but also how well our tasks are carried out, as the garments chosen should reflect the task and be appropriate. In Ki Tisa, our students reviewed the sin of the golden calf and how Moses interceded on behalf of the Israelites so that G-d would forgive them. We learn about the power of forgiveness, for if G-d can forgive the terrible sin of the golden calf, surely we can extend that same mercy and kindness to others who may have wronged us.

In Vayakhel-Pekudei, Moses reiterates the importance of observing Shabbat, and we learn about the power of community, as the Israelites work together donating materials for the building of the holy Tabernacle. When the Tabernacle was completed, a cloud appeared over it, demonstrating G-d's divine presence has come to dwell in it. While we no longer have the Tabernacle, or holy temple, we do gather in temples and synagogues to study Torah and pray. This is the best way we can serve and connect with G-d today.

Continued on Page 10

Around the Congregation

The Next Step

Bar Mitzvah of Jordan Greenstein Son of Evan and Melissa Greenstein



My name is Jordan Greenstein and I live in Jericho. I'm in seventh grade. My parents are Evan and Melissa, and I have an older brother named Alex. He has autism. I love my family and when we get to hang out together. It's always fun with them. They support and motivate me. I love to play basket-

ball and tennis and enjoy watching New York sports teams. My favorite show is Cobra Kai, and favorite movie is Happy Gilmore. I like to watch cooking shows on YouTube. Steak is my favorite food. I like to be creative and making people laugh. I love to edit sports videos and I like to draw. When I grow up, I want to be a sports commentator.

At school, I play trumpet in the band and enjoy math and science. In the spring, I am trying out for the tennis team. Every other Friday, my class joins the Jericho Middle School Skills Development Class that has children with special needs. We play games and cook together. At Temple Beth Torah, I am currently in the Zayin class. In my years at Temple Beth Torah, I have enjoyed learning about the Jewish holidays, traditions and the Hebrew language. I loved baking challah and making hamantaschen.

I am most proud of doing well at school and reaching this point in my Jewish education.

Becoming a Bar Mitzvah means becoming a young Jewish adult and taking on additional responsibilities in my community. I am proud of my studies and learning to read from the Torah.

I really enjoyed working with Rabbi Dermer. He's awesome! We studied together and talked a lot. He motivates and respects me, and he is very patient. We started with learning just a few words from the Bamidbar, and then expanded to multiple paragraphs. Without Rabbi Dermer, I would be a lot more nervous about my Bar Mitzvah.

I volunteered at multiple events sponsored by the Nassau Suffolk Autism Society of America. At Bounce, I handed out pizza and bounced on the trampolines with children with autism. I ran a "Design-Your-Own Cupcakes" table at a holiday luncheon for NSASA

Bar Mitzvah of Dylan Tannor Son of Rachel Annenberg



My name is Dylan Tannor. I live in Jericho and attend Jericho Middle School. I am in 7th grade. I enjoy spending time with my family and friends. Basketball is my favorite sport to watch and play. I was so proud when I made the basketball team at school. I consider it a great accomplishment! I also take a lot of

pride in the volunteer work I did for the John Theissen Children's Foundation.

Becoming a Bar Mitzvah is very meaningful to me. It signifies my next stage in my life. I have been preparing for my Bar Mitzvah since last spring. I have enjoyed and benefitted from Rabbi Dermer's teaching and wisdom. I have come to realize how important my Jewish heritage is. Rabbi Dermer is smart and enlightening. We work together every week and I look forward to our sessions.

My mitzvah project was to collect new toys on behalf of The John Theissen Children's Foundation. Over 100 toys were collected and donated to the foundation. They were distributed to underprivileged and ill children in order to make their holiday season more joyful. I learned a lot at Temple Beth Torah about the importance of giving back and treating everyone with kindness and respect. In donating all these toys, I felt a true sense of pride and accomplishment.

In conclusion, I want to thank everyone at Temple Beth Torah for giving me the opportunity to learn through their teachings and further my knowledge of the Jewish religion.

families. I put together 160 goody bags to hand out to kids at the Long Island Nets game. Also, I created a couple of videos for the NSASA website to show people the good things that NSASA is doing for the community.

[The most important Jewish value that I learned during my Jewish education is to] be inclusive. Every person is different and some have special needs – we should be thoughtful and try to make sure to include everyone.

Around the Congregation

The Next Step

Bat Mitzvah of Charley Scharf Daughter of Brian and Jenifer Scharf



My name is Charley Scharf. I am a 7th grader in Jericho Middle School. I live with my parents, Jenifer and Brian, and my brother, Max. I love to dance and play sports. I played for the Jericho soccer team, the volleyball team, the flag football team and the basketball team. Currently, I am learning lacrosse at school.

I am so excited my Bat Mitzvah is almost here. I have put a lot of time and dedication into my preparation. I am excited to be viewed as an adult in the Jewish religion. I would like to thank Francine Sokol, the Cantor's wife, for all her time, patience and help. I would also like to thank Rabbi Dermer. They have both helped me make this special day possible.

Bat Mitzvah of Devyn Siegel Daughter of Alan and Julie Siegel



My name is Devyn Siegel. I come from a family of five. I have two older sisters, Alexa and Chloe. I am a seventh grader at Jericho Middle School and participate in soccer, volleyball, dance and track. The accomplishments that I am most proud of are placing 1st in two 5k races, earning a personal best award

in 6th grade and having great grades in school.

A Bat Mitzvah to me means becoming a Jewish woman.

My preparation for my Bat Mitzvah has included very hard work, studying a half an hour each day and meeting with Cantor Sokol weekly to perfect it.

My most important Jewish value that I learned during my Jewish education at Temple Beth Torah was to maintain close, respectful family relationships with care for both the elderly and the young.

My mitzvah project was a clothing drive that was held at my parents office collecting clothes, shoes and coats for the homeless from patients of my parents.

Rabbi (Continued from Page 2)

you think you should be on a higher level spiritually or morally than you currently are, remember that the most important thing is to keep climbing. When asked who was higher on a ladder, one at the very bottom, or one on the 35th rung, the great Chasidic master the Kotzker Rebbe replied, "It depends on which direction they are moving in."

For 7 weeks, 7 days in each week, we count 49 days because 7 is a number of completion. Just as there are 7 days in creation, there are 7 notes on a musical scale and 7 primary colors of a rainbow. I hope you will know during this part of the season, whether you are counting the Omer religiously each evening or not, that there really is no completion when it comes to spiritual work. 7 notes on a scale can make an infinite number of beautiful melodies, and the 7 colors of the rainbow can create an infinite array of beautiful works of art. So too we know that when we finally did arrive at Mount Sinai, after those initial 49 days of working and growing and making ourselves ready, what did we say as a people? Naaseh v'nishmah – we will do and we will hear. That is to say, we will continue to do and to hear, and to care and to grow, in each and every season, for that is who we are, and that as Jews, is who we will always be.

I look forward to sharing with you in all of the joy and Torah learning that this coming season of Shavuot affords us,

Rabbi Dermer

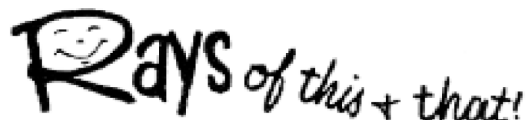
Join us for Temple Beth Torah's Monthly Table Talk Sessions

Family, friends, frustrations, worries, stress, joys – let's talk about it during Temple Beth Torah's monthly Table Talk sessions.

Carolyn Newman is our facilitator during this monthly meeting, where congregants can share some of life's ongoing challenges in a safe, confidential, and supportive space. Meetings are held in the Temple library at 7 p.m. Keep an eye on the Temple emails for the date of the next session. In May, Carolyn will be holding the Table Talk session on Thursday, May 18.

Carolyn is a Certified School Psychologist. As the Counselor at a shelter, she worked with women and children, individually and in group settings. Following that, Carolyn worked at a college counseling younger and older students individually and in group sessions relating to crisis and ongoing life concerns.

Around the Congregation



Mazel tov to **Linda** and **Neal Guber** on the birth of their grandson **Joshua Lawrence Guber**, born to **Stacey** and **Jeff Guber**.

Our condolences to the **Seidman** family on the passing of **Walter Seidman**, beloved brother of **Charlie Seidman**.

Our condolences to the **Eglow** family on the passing of **Joan Eglow**, a founding member of Temple Beth Torah.

Our condolences to the **Leibowitz** family on the passing of **Philip Leibowitz**, beloved brother and brother-in-law of **Stuart** and **Doreen**, uncle to **Beverly** and **Andrew**, and great uncle to **Sadie**.

Cantor (Continued from Page 2)

same of our own work and accomplishments: "I am smart/talented, I worked hard. Now see the fruits of MY labor."

Psychologists have dubbed this tendency the "primary attribution error," namely claiming personal internal credit for things that go well, and blaming the negative on other factors, even perhaps God. Bikkurim comes to counteract such thoughts. Bikkurim reminds us that it is ultimately G-d's land, it is G-d's sustenance, and it is G-d's Hand that has given us the power to succeed and prosper. Through the mitzvah of Bikkurim we are acknowledging that we appreciate and recognize the favors that God has afforded us, allowing us to partner with God to produce what we do. This idea of partnership with God and appreciating our affordances is central to Jewish teaching, including the very concept of bracha/blessing.

Shavuot then provides us with another important opportunity to find balance in our appreciation of the Divine and our motivation in achieving personal potential.

Rabbi Dermer's Study Sessions

Join Rabbi Dermer every Wednesday at 7:30 p.m. in the social hall for *Davening 101: An Introduction to Jewish Prayer*, a series where participants can learn the how and why of Jewish prayer.

Recipe from Our Sisterhood: Charna Reichel's Noodle Kugel

Submitted By: The Sokol Family

Ingredients:

1 pound broad egg noodles, 2 pints sour cream
2 pints cream cottage cheese, 2 sticks margarine
1 ½ cups sugar, 1 cup of raisins
4 eggs, 2 teaspoons vanilla,
1 teaspoon cinnamon

1. Preheat oven to 350°.
2. Cook noodles.
3. Drain and melt 1½ sticks of the margarine.
4. Mix all other ingredients into the noodles.
5. With remaining margarine, grease the baking pan and dot the top of the kugel.
6. Sprinkle with cinnamon and bake for 55 minutes.

Note: Keep in mind that baking time will vary depending on size of kugel. Small kugels will take less time and larger a bit more.

Recipe from Our Sisterhood: Francene Sokol's Blintz Souflee

Submitted By: The Sokol Family

Ingredients:

12-16 purchased frozen blintzes
(depending on what will fit in your baking dish)
4 eggs, 1 pint sour cream
2 tablespoons orange juice
1 stick of butter or margarine
¼ cup of sugar, ½ teaspoon of salt
1 tablespoon vanilla
Cinnamon enough to cover

1. Preheat oven to 350 degrees.
2. Melt butter in a saucepan.
3. Grease a 9x13 baking dish with melted butter.
4. Mix any remaining butter in with all other ingredients, place in a blender and blend until the mixture is homogenous.
5. Arrange blintzes on the baking dish (it helps to group them if using multiple kinds).
6. Pour mixture over the blintzes and sprinkle cinnamon to cover.
7. Bake for 45-55 minutes until lightly browned and custard forms over blintzes.

Recent Events

On Sunday, March 12, our students held another successful food drive with Rock Can Roll. Temple Beth Torah would like to wish a special yasher koach to Randi Lesnick, Jesse Lebolt, Molly Lebolt, Josh Lesnick and Max Davis for volunteering their time and efforts with this wonderful event.

On Tuesday, March 14, Temple Beth Torah hosted a discussion of Maus, led by Matthew Resnick and Scott Honig. Maus is one of the most unique and important books ever written about the Holocaust, and we discussed how it functions as a piece of graphic literature as well as its long-lasting impact on the world. Matthew Resnick has worked in education for 25 years as a history teacher and a high school librarian. Scott Honig is a secondary English teacher with an expertise in graphic literature.

On Thursday, March 23, our Sisterhood hosted another session of Cooking with Rabbi Kayley, where Kayley demonstrated how to prepare matzah stuffing and taught us about the four cups of wine at the Passover seder. Then, on Thursday, March 30, we hosted a training session named Keshet LGBTQ+ 101 in order to help congregants familiarize themselves with the basics of building LGBTQ+ equality and belonging. Rakhel Silverman, New York Education and Training Manager for Keshet, led the training.

We would like to give a special shout out to our Temple Beth Torah snowbirds (some pictured below), who were able to get together with part of their extended Temple Beth Torah family in Florida this winter.

Follow Temple Beth Torah on Facebook to see additional pictures.



Upcoming Events for May 2023

Sunday	Monday	Tuesday	Wednesday
	1 Evening Minyan, 8:30 p.m.	2 Evening Minyan, 8:30 p.m.	3 Book Talk, 7:00 p.m. Evening Minyan, 8:30 p.m.
7 Morning Minyan, 9:00 a.m. Evening Minyan, 8:30 p.m.	8 Evening Minyan, 8:30 p.m.	Lag Ba'Omer 9 Evening Minyan, 8:30 p.m.	10 Rabbi's Class, 7:30 p.m. Evening Minyan, 8:30 p.m.
Mother's Day 14 Morning Minyan, 9:00 a.m. Mother's Day Concert, 3:00 p.m. Evening Minyan, 8:30 p.m.	15 Evening Minyan, 8:30 p.m.	16 Evening Minyan, 8:30 p.m.	17 Rabbi's Class, 7:30 p.m. Evening Minyan, 8:30 p.m.
Rosh Chodesh Sivan 21 Morning Minyan, 9:00 a.m. Evening Minyan, 8:30 p.m.	22 Evening Minyan, 8:30 p.m.	23 Evening Minyan, 8:30 p.m.	24 Rabbi's Class, 7:30 p.m. Evening Minyan, 8:30 p.m.
28 Morning Minyan, 9:00 a.m. Evening Minyan, 8:30 p.m.	Memorial Day 29 Evening Minyan, 8:30 p.m.	30 Evening Minyan, 8:30 p.m.	31 Rabbi's Class, 7:30 p.m. Evening Minyan, 8:30 p.m.

Upcoming Events for May 2023

Thursday	Friday	Saturday
4 Evening Minyan, 8:30 p.m.	5 Pesach Sheni Candle Lighting, 7:38 p.m. Shabbat Services, 6:30 p.m.	6 Shabbat Services, 9:45 a.m. Bat Mitzvah of Devyn Siegel Minha Services, 7:40 p.m.
11 Bar Mitzvah of Dylan Tannor Evening Minyan, 8:30 p.m.	12 Candle Lighting, 7:45 p.m. Shabbat Services, 6:30 p.m.	13 Shabbat Services, 9:45 a.m. Minha Services, 7:45 p.m.
18 Bar Mitzvah of Jordan Greenstein Table Talk, 7:00 p.m. Evening Minyan, 8:30 p.m.	19 Yom Yerushalayim Jerusalem Reunification Day Candle Lighting, 7:51 p.m. Shabbat Services, 6:30 p.m.	20 Shabbat Services, 9:45 a.m. Minha Services, 7:50 p.m.
Erev Shavuot 25 Tikkun Leil Shavuot Program Evening Minyan, 8:30 p.m.	Shavuot First Day 26 Candle Lighting, 7:58 p.m. Shabbat Services, 6:30 p.m.	Shavuot Second Day 27 Shabbat Services, 9:45 a.m. Bat Mitzvah of Charley Scharf Minha Services, 7:55 p.m.

Upcoming Event Spotlight

Our leadership and clergy work tirelessly to craft experiences which will be inspirational, meaningful and safe for all involved.

Temple Beth Torah is still active and thriving. If you haven't come by lately, please do! There's always something going on here at Temple Beth Torah!

We value our members and your opinions.

If you have ideas for future programs or events, or if you have any questions or concerns, please don't hesitate to reach out to our office, our co-presidents and/or our clergy.

Upcoming Events

Upcoming Book Talk on May 3rd

Temple Beth Torah is hosting another book talk on Wednesday, May 3 at 7 p.m. Join Alice Laby, author of The Secret War of Henry Rebbenoff, as she reveals her secrets to the congregants of Temple Beth Torah.

What drove her to write a World War II novel about Cantor Henry Rebbenoff? Who compelled her to investigate the history of her Eastern European family? Where was she able to find the answers to her question – what was it like in Eastern Poland for her grandparents? Alice will answer these questions and more!

Alice is a life-long Long Islander, having only ventured off the island for her Master's Degree at Fordham University. She is a Board member of The Long Island Authors Group. Please contact Lauren in the Temple office – (516) 334-7979 or admin@templebethtorahli.org – to RSVP or for additional information.

Join us for a Mother's Day Concert!

Join us as we celebrate the special women in our lives during *Our Yiddishe Mames*, a Mother's Day high tea concert on Sunday, May 14 at 3 p.m.

The concert will feature Cantor Scott Sokol, Cantor Benjamin Warschawski, Heather Johnson, Benjamin Sokol and Francene Sokol, with pianist Elliot Roman and special guest Ken Maltz. They will perform classical, cantorial and popular music.

Tickets are \$25 per person. Please RSVP by Thursday, May 4 by sending a check made out to Temple Beth Torah with the names of attendees to Lauren in the office. Please write Concert on the memo line.

Tea, finger sandwiches, scones and more will be served. Contact Lauren in the Temple office – (516) 334-7979 or admin@templebethtorahli.org – for additional information.

School (Continued from Page 3)

In Vayikra, Moses is taught by G-d the laws of the sacrifices to be brought into the sanctuary, and while we don't have sacrifices today, we do have the power of prayer. Finally, in Tzav, Aaron and his sons are instructed by Moses on how to bring animal sacrifices, as part of their seven day initiation into the priesthood. We look forward to reviewing more Torah portions, and learning key themes and takeaway messages for our lives today.

Over the past month, we also spent time reviewing the Purim holiday, including the Hebrew date – the 14th of Adar – as well as the historical story and characters, including Queen Esther, who risked her life to save the Jewish people from Haman's planned destruction. The class understood that antisemitism is present in every generation, and that being different is not an excuse to hate others. The story also demonstrates that courage is necessary in every generation to stand up for what is right and condemn the evil and wicked deeds of others. Our students also reviewed the four important mitzvahs of Purim, namely, hearing the megillah, enjoying a feast, Matanot L'evyonim – gifts to the poor, and Mishloach Manot – exchanging gift baskets. Our students also decorated Purim coloring pages, and wrote a short essay about what Purim means to them, both of which were hung on Temple Beth Torah's hall bulletin board.

In addition to Purim, our class also spent a couple of lessons learning about and reviewing Passover. We reviewed the Hebrew date – the 15th of Nissan – the exodus story, and Moses' role in the Israelites' exo-

odus from Egypt, followed by the miracle of the splitting of the Sea of Reeds. The students reviewed the ten plagues, the four questions, as well as the important ritual foods found on the seder plate. We also reviewed the importance of the number 4 which appears throughout the seder – specifically the 4 cups of wine, the 4 questions, 4 sons, as well as the 4 promises of redemption by G-d, which translate to "I will take you out," "I will rescue you," "I will redeem you," and "I will take you." Our class also got the chance to go through the Passover Haggadah, and learn about the structure and blessings and prayers throughout the seder.

Relatedly, our monthly Jewish value is Rachmanut – Empathy, and our class appreciated the difficulty of applying this value in our lives, but also understood how it connects back to the Passover story, and Moses' character. Furthermore, one of the main reasons for the seder is to put ourselves in the shoes of our ancestors who lived through slavery and continue to retell the story every year. Of course, there are many forms of slavery, and even if we are not experiencing a physical slavery, we can sometimes enslave and sabotage ourselves by thinking negatively or feeling other negative emotions. Our students wrote beautiful essays on the value of empathy, and decorated fun Passover coloring pages, both of which were hung on the hall bulletin board. The students decorated beautiful Passover pillows and we look forward to enjoying a class seder on our last day of the month, whereby, we will use the Haggadah to go through the seder, review what we have learned, and eat the symbolic foods.

TEMPLE BETH TORAH GIVING OPPORTUNITIES

Honor or Memorialize your loved ones
while giving back to TBT.

BRICKS

4x8 brick including 3 lines -
\$150 plus \$25 for a mini souvenir replica
8x8 brick including 6 lines & mini souvenir
replica - \$380

MEMORIAL PLAQUES

Plaque - \$400
Reserve a plaque location - \$100

PRAYER BOOKS

Etz Hayim Torah & Commentary - \$144
Siddur Lev Shalem for Shabbat & Festivals - \$118

TREE OF LIFE

Rock - \$700 Acorn - \$500 Leaf - \$250

KIDDUSH SPONSOR

Friday Night Oneg - \$75 Shabbat Kiddush - \$215

RABBI'S CHARITY FUND

Any \$ Amount

For more information, contact Lauren @ 516-334-7979
or admin@templebethtorahli.org

A Guide to Temple Beth Torah

CONTACT US

TEMPLE OFFICE: (516) 334-7979
WWW.TEMPLEBETHTORAHLI.ORG

Rabbi Jack Dermer
rabbi@templebethtorahli.org

Cantor Scott Sokol
cantorsokoletemplebethtorahli.org

Co-Presidents
Michael Cohen & Nancy Marshall
president@templebethtorahli.org

Executive Board
education@templebethtorahli.org
fundraising@templebethtorahli.org
membership@templebethtorahli.org
buildings@templebethtorahli.org
security@templebethtorahli.org
ritual@templebethtorahli.org
treasurer@templebethtorahli.org
secretary@templebethtorahli.org
pastpresident@templebethtorahli.org
prescouncil@templebethtorahli.org
finsec@templebethtorahli.org
sisterhood@templebethtorahli.org
mensclub@templebethtorahli.org

PURCHASE TORAH CARDS

Contact Linda Pochtar, Betty Weiss or the
Temple office for additional information



TEMPLE FRIENDS INITIATIVE IN NEED OF ASSISTANCE?

TEMPLE BETH TORAH IS MORE THAN JUST A TEMPLE; WE ARE A RELIGIOUS FAMILY WHO CARES ABOUT EACH OTHER. WE HAVE A GROUP OF VOLUNTEERS, IN ADDITION TO OUR CLERGY, WHO TAKE TIME TO ASSIST TEMPLE MEMBERS IN NEED. WHETHER IT'S A FRIENDLY PHONE CALL, VISITS FROM FULLY VACCINATED VOLUNTEERS, PRESCRIPTION PICK UP, KOSHER SNACKS AND HOMEMADE TREATS DELIVERED, POST-SHIVA AND BEREAVEMENT SUPPORT – AT TEMPLE BETH TORAH, WE ARE THERE FOR EACH OTHER.

IF YOU ARE STRUGGLING OR KNOW SOMEONE WHO IS, WE WANT TO HEAR FROM YOU. ALL INFORMATION SHARED IS CONFIDENTIAL. CONTACT MICHELE LIPPMAN OR RABBI DERMER.



SCHEDULE OF RELIGIOUS SERVICES

DAILY SERVICES

EVENING MINYANS (SUN - THURS), 8:30 P.M.

SUNDAY MORNING SERVICES, 9:00 A.M.

SHABBAT SERVICES

FRIDAY EVENING, 6:30 P.M.

SATURDAY MORNING, 9:45 A.M.

SATURDAY MINHAH/HAVDALAH, SUNDOWN
(SAME TIME AS CANDLE LIGHTING)



Advertisements and Classifieds

The Temple Beth Torah Times' advertisers help support the production of our newsletter.

Please support those that support us and thank them with your patronage.

For information regarding advertising in this section, please contact the Temple office.

MARTY'S HOME WATCHING PLUS, LLC.



Dedicated, Caring & Competent to watch your home.

My wife and I are members of Temple Beth Torah

**Relax & Enjoy Yourself
Worry-Free,
While You Are Away
During the Winter Season!**

**I WILL WATCH YOUR BACK,
WHEN YOU HIRE MARTY AUERBACH
Call: 631-367-3339 ~ Cell: 516-528-5282**



Aron Newman
8 Locust Ave
E Farmingdale, NY 11735

**Serving all your technology needs
Computer and Network Services**



Computer Upgrade • Repair
Virus Removal • PC Cleanup
Optimization • Installation
At Home Service • & More

Digital and Internet Services

Digital Strategy • Hosting
Web Development • SEO
Social Media • eCommerce
Email Marketing • Analytics

www.gigabyteny.com



*The Expert Security Service
You Expect.*

Leave the Job to the Professionals

Our Services

Protective Services

*Armed and Unarmed
Houses of Worship
Estates Security
Corporate Security
Armored Car Service
Air Security Officers*

Investigative Services

*Private Investigation Services
- Criminal & Civil
Pre-Employment Background Checks
Business Vetting
Surveillance Photos - Video
Company ID Cards*

Upfront Security Associates, LLC

Ph. 347-988-0199

Info@upfrontsecurityassociates.com

www.upfrontsecurityassociates.com

535 Broadhollow Road Ste. B40 Melville, NY 11747

Advertisements and Classifieds

POPKIN ELECTRIC

QUALITY REPAIRS & INSTALLATIONS SINCE 1967

87 Engineers Drive Hicksville New York (516) 822-4566

www.popkinelectric.com—Like us on Facebook!

SERVICING LONG ISLANDS HOMEOWNERS, BUSINESSES,
AND NON-PROFITS

INNOVATION · CRAFTSMANSHIP · INTEGRITY

ANDREW POPKIN - LICENSED ELECTRICIAN

5% Temple Member Discount
Max discount of \$100

Our team is ready to serve all of your electrical needs.

 PopkinElectric.com



M & S PLUMBING & HEATING

Kohler / Moen / Delta

Baseboard Heat	Hot Water Heaters
Boilers	Kitchens & Baths Renovated
Drains Electrically Cleaned	Radiant Heat Repairs
Faucets & Sinks	Repairs & Service
Gas Conversions	Violations Removed
Separate Heat Zones	Legalize Bathroom

Discount for members of
Temple Beth Torah

CHAMPION ADJUSTMENT CO., LLC

RICHARD DANK

Licensed and Bonded Public Insurance Adjuster
(516) 459-6161 • richard@championadjustment.com

When your insurance company says LESS, Champion Adjustment says MORE

In the event of damage to your property, Champion Adjustment will:

- Represent residential and commercial policyholders, NOT the insurance companies
- Level the playing field to make sure you receive the MAXIMUM settlement possible from your insurance company, usually 20 to 100 percent more than they offer you
- Prepare, present, negotiate and settle claims on behalf of the policyholder

A sampling of types of residential or business losses a Public Adjuster can assist with include:

- | | |
|-------------|-----------------------------|
| • Flood | • Hurricane and Wind Damage |
| • Collapse | • Pipe Breaks |
| • Fire | • Smoke Damage |
| • Explosion | • Vandalism and Theft |

Call us for a FREE consultation and review of your property insurance claim.

www.championadjustment.com

Main Office (718) 712-2800



Gutterman's

FUNERAL DIRECTORS SINCE 1892 INC

***One of The Largest Family Owned &
Operated Jewish Funeral Homes
Serving Long Island, New York & Florida***

Directors:

*** STEWART GUTTERMAN • PHILIP GUTTERMAN
STEVEN KANOWITZ • * HOWARD C. KOTKIN
* ROBERT SHERMAN • * ELLIOTT H. WOLFE**

Chapels In:

**ROCKVILLE CENTRE, L.I.: 175 N. Long Beach Rd. • 516-764-9400
WOODBURY, L.I.: 8000 Jericho Turnpike • 516-921-5757
BROOKLYN: 1895 Flatbush Avenue • 718-284-1500**

In Florida:

**GUTTERMAN-WARHEIT MEMORIAL CHAPEL
1-800-992-9262**

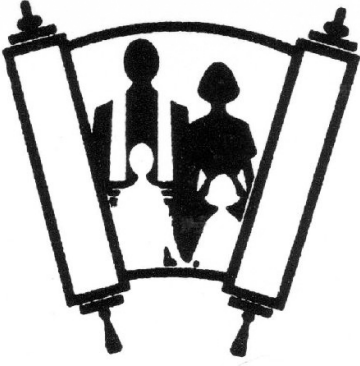
SERVING MIAMI-DADE, BROWARD, PALM BEACH & MARTIN COUNTIES

Arrangements for Out-of-State Burials

** Of Blessed Memory*

MONUMENTS BY GUTTERMAN'S

www.guttermansinc.com



Temple Beth Torah

243 Cantiague Rock Road
Jericho Gardens, Westbury, NY 11590

www.templebethtorahli.org
(516) 334-7979

Non-Profit Org.
U.S. POSTAGE
PAID
Hicksville, N.Y.
Permit No. 427

ELECTRONIC SERVICE REQUESTED

